

The Academy at Manhattan Beach – April 2021

What's on the Menu?

MONDAY	MONDAY TUESDAY		THURSDAY	FRIDAY	
29 Morning	30 Morning	31 Morning	1. Morning	2 Morning	
Bagel	Wheat Thins	Cheerios	Crackers	Yogurt	
Cream Cheese	Apples	Mixed Berries	Cheese Cubes	Granola	
Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	
Broccoli	Cucumbers	Rice Cake	Pretzels	Corn Muffin	
Hummus	Pita Chips	Sun Butter	Hummus	Raisins	
5	6	7	8	9	

Closed for Spring Break

12	Morning	13 Morning	g 14	Morning	15	Morning	16	Morning	
Bean & Veggie Crackers Pears Sun Butter Afternoon Graham Crackers Pita Chips		-	·			Blueberry Muffin		Corn Flakes	
		-	Broccoli w. Ranch		Applesauce		Blueberries		
				Afternoon		Afternoon		Afternoon	
		·		Nutrigrain Bar		Rice Cake		Cheese Cubes	
	Raisins	Crasins	5			Raisins		Apples	
19	Morning	20 Morning	g 21	Morning	22	Morning	23	Morning	
	Pretzels	Toast	_	Yogurt		Graham Crackers		Corn Muffin	
	Mango	Jelly		Granola		Raisins		Crasins	
	Afternoon	Afternoo	on	Afternoon		Afternoon		Afternoon	
	Corn Muffin	Veggie & Bean	Crackers	Corn Flakes		Wheat Crackers		Snap Peas w. Ranch	
	Applesauce	Cucumbers w.	. Ranch	Mixed Berries		Carrots		Applesauce	
26	Morning	27 Morning	q 28	Morning	29	Morning	30	Morning	
-	Bagel	Wheat Th	-	Cheerios		Snap Peas Ranch		Nutrigrain Bar	
Cream Cheese		Seawee	ed	Fruit		Cheese Cube		Afternoon	
	Afternoon	Afternoo	on	Afternoon		Afternoon		Pretzels	
	Rice Cake	Cracker	s	Pita Chips	'	Veggie & Bean Crackers		Hummus	
	Raisins	Applesau		Broccoli		Blueberries	1		



- Nut-safe menu
- Vegetarian-friendly snacks
- ► Fresh fruit or vegetable served daily
- Water served with all snacks

