JULY 2021

Camp Amgen Snack Menu

All snacks are nut safe and sesame free *Please note, Toddlers thru TK are included on this menu. *Milk: Toddlers- whole; Ages 2 to 5- 1%. *This menu satisfies the USDA Child Care Food Program Guidelines. *Menu subject to change based on food availability.



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| | | | 1 am- Blueberries w/ Cottage Cheese pm- Colby Jack Cheese Sticks w/ WW Crackers | 2 am- Corn Flakes Cereal pm- Cantaloupe w/ String Cheese |
| | | SUMMER SHUTDOWN CAMP AMGEN CLOSED | | |
| 12 am- Rice Krispes Cereal pm- Mild Cheddar Cheese Cubes w/ Edamame Toddlers: Oranges | 13 am- Bananas w/ Graham Crackers pm- Guacamole w/ WW Crackers | 14 am- Blueberry Yogurt w/ Granola pm- Steamed Rice w/ Kidney Beans | 15 am- Cream of Wheat w/ Blueberries pm- Steamed Carrots w/ Greek Yogurt Ranch Dip & WW Pita Bread | 16 am- WW French Toast Sticks w/ Strawberries pm- Bran Muffins w/ Honeydew |
| 19 am- Crispix Cereal pm- Oranges w/ Whole Grain Cheddar Crackers | 20 am- Bananas w/ Ritz Crackers pm- Mild Cheddar Cheese Sandwiches w/ Tomatoes & Mustard | 21 am- Vanilla Yogurt w/ Granola pm- Rice Cakes w/ Sunflower Butter and Raspberries | 22 am- Watermelon w/ WW Crackers pm- Whole Grain Macaroni & Cheese w/ Green Beans | 23 am- WW Bagels w/ Cream Cheese pm- Honeydew w/ Graham Crackers |
| 26 am- Rice Chex Cereal pm- House Made Tahini Free Hummus w/ WW Crackers | 27 am- Strawberry Yogurt w/ Graham Crackers pm- Sliced Apples w/ String Cheese | 28 am- Bananas w/ Cinnamon Raisin Bread pm- Corn Muffins w/ Strawberries | 29 am- Veggie Breakfast Patties w/ Applesauce pm- Oranges w/ Whole Grain Cheddar Crackers | 30 am- Cinnamon Oatmeal w/ Blueberries pm- Cantaloupe w/ String Cheese |