## The Clubhouse @ Bright Horizons

## What's on the Menu?



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	<ul> <li>Hash brown &amp; Egg</li> <li>Casserole</li> </ul>	■ French Toast Sticks	■ Cheese Grits	Rice Krispy Cereal	<ul> <li>Cheese Omelets with Turkey Sausage</li> </ul>
LUNCH	<ul> <li>Beef &amp; Veggie Fajitas         Rice         Mixed Fruit</li> <li>Vegetarian: Veggie         Fajitas</li> </ul>	<ul> <li>Chicken Nuggets         Baked Beans         Chef Choice Fruit</li> <li>Vegetarian: Veggie         Nuggets</li> </ul>	<ul> <li>Grilled Cheese</li> <li>Sandwiches</li> <li>Corn</li> <li>Mixed Fruit</li> </ul>	<ul> <li>Spinach &amp; Egg Muffins Chef Choice Fruit</li> </ul>	<ul><li>Cheese Ravioli Broccoli Pineapple</li></ul>
AFTERNOON SNACK	<ul> <li>String Cheese with Wheat Crackers</li> </ul>	■ Fruit	<ul><li>Celery with Sun butter</li></ul>	<ul><li>Cornbread</li></ul>	Pita with Tzatziki Sauce

## We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- All meals are serviced with organic 1% milk
- All meals included in the tuition
- All meals served family style

I/T: Infant/Toddler AlternativeV: Vegetarian Alternative



