

JANUARY 2022

All snacks are nut safe and sesame free *Please note, Toddlers thru TK are included on this menu. *Milk: Toddlers- whole; Ages 2 to 5- 1%. *This menu satisfies the USDA Child Care Food Program Guidelines. *Menu subject to change based on food availability.



Monday	Tuesday	Wednesday	Thursday	Friday
CENTER CLOSED	4 am- Rice Krispies Cereal pm- Mild Cheddar Cheese Cubes w/ Ritz Crackers	5 am- Bananas w/ Granola Toddlers: Graham Crackers pm- House Made Tahini Free Hummus w/ WW Pita Bread	6 am- Strawberry Yogurt w/ Blueberries pm- WW Cheese Pizza Muffins	7 am- Veggie Breakfast Patties w/ Applesauce pm- Carrots w/ Greek Ranch dip
10 am- Special K Cereal pm- Oranges w/ Granola Toddlers: Graham Crackers	11 am- Peach Yogurt w/ Blueberries pm- Fuji Apples w/ Colby Jack Cheese Sticks	12 am- Bananas w/ Graham Crackers pm- Cantaloupe w/ String Cheese	13 am- Cinnamon Oatmeal w/ Raspberries pm- Carrot Muffins w/ Pineapple	14 am- WW Bagel w/ Cream Cheese pm- Honeydew w/ WW Crackers
17 MARTIN LUTHER KING DAY	18 am- Crispix Cereal pm- Guacamole w/ Pita Bread	19 am- Bananas w/ Graham Crackers pm- Honeydew w/ String Cheese	20 am- Vanilla Yogurt w/ Raspberries pm- Whole Grain Macaroni & Cheese w/ Peas	21 am- Pineapple w/ Cinnamon Raisin Bread pm- Cantaloupe w/ WW Crackers
24 am- Corn Chex Cereal pm- WW Bread w/ Apple Butter & Edamame Toddlers: Oranges	25 am- Bananas w/ Granola Toddlers: Ritz Crackers pm- House Made Tahini Free Roasted Red Pepper Hummus w/ Pita Bread	26 am- Vanilla Yogurt w/ Graham Crackers pm- Honeydew w/ WW Cheddar Crackers	27 am- Cottage Cheese w/ Blueberries pm- Bran Muffins w/ Blueberries	28 am- Whole Grain Waffles w/ Strawberries pm- Fresh Cucumber w/ Cheddar Slices
31 am- Corn Chex Cereal pm- WW Sunflower Butter Sandwiches				