Recipe for a Composition

In the same way that chefs look to their local farmers to inspire their cooking, composers use inspiration from their communities to compose music. Activate your creativity and use this worksheet to write your own composition inspired by food! Share your composition with your family and friends.

Let's explore the rhythmic sounds of words. Each word contains a certain number of syllables. The following ingredients for a fruit salad can inspire

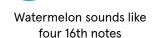
1. Get to Know Your Ingredients



Lime sounds like a quarter note



Cherry sounds like two eighth notes



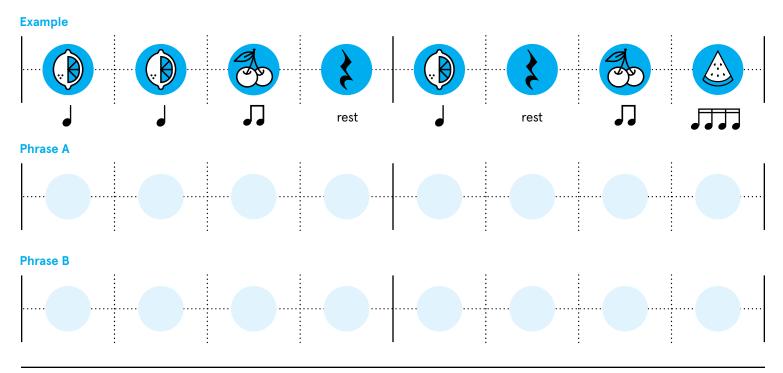


2. Mix Your Ingredients	Example List	Phrase A List	Phrase B List
Mix your ingredients to create two phrases for	3 limes		
your composition. STEP ONE: CREATE A GROCERY LIST FOR EACH PHRASE Each phrase should add up to a total of eight ingredients.	2 cherries		
	1 watermelon		
	2 rests		
	8 Total Ingredients	8 Total Ingredients	8 Total Ingredients

your composition.

STEP TWO: MIX YOUR INGREDIENTS

Use your grocery lists to make a complete phrase.



Recipe for a Composition, continued

3. Use Your Phrases to Create a Composition

You mixed your ingredients to make two phrases, and now it's time for the final step. Place your phrases in any order to make a fruit salad-inspired composition. You can always repeat phrases. After writing out your phrases, season your music with dynamics. One line or phrase of music could be marked as piano (soft) or forte (loud). Don't forget to give your composition a title!

COMPOSITION TITLE

COMPOSER NAME

