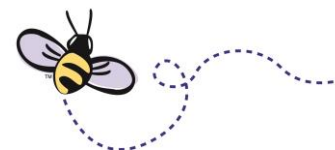




Breakfast & Snack - July, 2018



7/2 40% Bran flakes Fresh fruit ~~~~~ Wheat thins String cheese	7/3 Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	7/4 ***** CLOSED FOR INDEPENDENCE DAY *****	7/5 Rice Crispies Fresh fruit ~~~~~ Whole wheat pita pizza with Cheese	7/6 Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce
7/9 Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	7/10 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Raspberry yogurt	7/11 Oatmeal-apple Crisp ~~~~~ Whole wheat pita bread Hummus	7/12 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	7/13 Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar
7/16 40% Bran flakes Fresh fruit ~~~~~ Wheat thins String cheese	7/17 Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	7/18 Oatmeal-peach Crisp ~~~~~ Soft breadsticks Cheese cubes	7/19 Rice Crispies Fresh fruit ~~~~~ Whole wheat pita pizza with Cheese	7/20 Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce
7/23 Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	7/24 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Blueberry yogurt	7/25 Oatmeal-apple Crisp ~~~~~ Whole wheat pita bread Hummus	7/26 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	7/27 Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar
7/30 40% Bran flakes Fresh fruit ~~~~~ Wheat thins String cheese	7/31 Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola			