

The Academy at Westwood- October 2020

What's on the Menu?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Morning Yogurt & Graham Crackers Afternoon Bagel & Apple Butter	2 Morning Cheerios & Peaches Afternoon Rice Cakes & Grape Jelly
5 Morning Wheat Crackers & Cheddar Cheese Afternoon Bagel & Cream Cheese	6 Morning Graham Cracker & Apples Afternoon Frozen Mango & Rice Chex	7 Morning Bagel & Cream Cheese Afternoon Nutri Grain Bars	8 Morning Cheerios & Pears Afternoon Yogurt & Graham Crackers	9 Morning Rice Chex & Applesauce Afternoon Rice Cake & Apple Butter
12 Morning Nutri Grain Bars Afternoon Wheat Crackers & Cheddar Cheese	13 Morning Apples & Cheddar Cheese Afternoon Yogurt & Graham Crackers	14 Morning Rice Cakes & Grape Jelly Afternoon Cheerios & Frozen Mango	15 Morning Bagel, Cream Cheese, & Grape Jelly Afternoon Nutri Grain Bar	16 Morning Rice Cake & Peaches Afternoon Apples & Yogurt
19 Morning Graham Crackers & Apple Butter Afternoon Cheerios & Applesauce	20 Morning Frozen Mango & Rice Chex Afternoon Wheat Crackers, Cheddar Cheese & Apples	21 Morning Apple Sauce & Graham Crackers Afternoon Cheerios & Raisins	22 Morning Rice Cakes & Apple Butter Afternoon Bagel & Cream Cheese	23 Morning Yogurt & Apples Afternoon Nutri Grain Bars
26 Morning Bagel & Grape Jelly Afternoon Rice Chex & Cheddar Cheese	27 Morning Cheerios & Peaches Afternoon Nutri Grain Bars	28 Morning Rice Cake & Grape Jelly Afternoon Applesauce & Graham Crackers	29 Morning Bagel & Cream Cheese Afternoon Cheddar Cheese & Apples	30 Morning Yogurt & Rice Chex Afternoon Wheat Crackers & Cheddar Cheese

