



## Jeannette Cathy Children's Center Weekly Menu

Menu Prepared By: Sandra Strother, Kitchen Manager Approved by: Lashawnda Pearson, Center Director

| Week:      | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|------------|--|---|---|--|---|
| 05.02.2022 | May 02   | May 03  | May 04  | May 05   | May 06  |
|            | Rice Chex<br>Fresh Bananas   | Turkey Sausage Pizza<br>Mixed Berries   | Pancakes<br>Frozen Blueberries  | Sausage Cheese Biscuits<br>Fresh Oranges   | French Toast<br>Baked Apples  |
| A.M. Snack | Allergy: Gluten-Free Rice Chex Fresh Bananas                                   | Allergy: Turkey Sausage Pizza Gluten- Free Bread Mixed Berries                              | Allergy: Gluten-Free Pancakes Frozen Blueberries                                | Allergy: Gluten-Free Toast Turkey Sausage Fresh Oranges                                    | Allergy:<br>Gluten-Free French Toast<br>Baked Apples<br>Infants: Baked Apples         |
|            | Infants: Fresh Bananas   | Infants: Mixed Berries  | Infants: Frozen<br>Blueberries  | Infants: Mandarin Oranges  |   |
| Lunch      | Chicken Florentine Pasta with<br>Spinach<br>Fresh Pears                        | Mixed Vegetable Soup<br>Grilled Cheese Sandwich<br>Tropical Fruit                           | BBQ Turkey Meatballs<br>Rice Pilaf Medley<br>Frozen Peaches                     | Mexican Pasta Skillet<br>Garden Green Salad<br>Mango                                       | Tuna Sliders<br>Fresh Carrots<br>Honey Dew  |
|            | Allergy:<br>Gluten-Free Penne Pasta with<br>Spinach and Chicken<br>Fresh Pears | Allergy:<br>Grilled cheese with Dairy-Free<br>Cheese on Gluten-Free bread<br>Tropical Fruit | Allergy:<br>Turkey patty/<br>Whole Grain Brown Rice<br>Medley<br>Frozen Peaches | Allergy:<br>Mexican Pasta Skillet with<br>Gluten-Free Pasta<br>Garden Green Salad<br>Mango | Allergy:<br>Turkey Ham Sandwich on<br>Gluten-Free Bread<br>Fresh Carrots<br>Honey Dew |
|            | Infants: Diced Pears   | Infants: Tropical Fruit   | Infants: Frozen Peaches   | Infants: Steamed Broccoli<br>Mango   | Infants: Steamed Carrots<br>Diced Honey Dew   |
|            | ½ Turkey Sandwich  | Vanilla Yogurt<br>Frozen Strawberries   | Mango Applesauce<br>Graham Crackers   | Bread Sticks<br>Red Bell Pepper Hummus   | ½ Sun Butter Sandwich   |
| P.M. Snack | Allergy:<br>½ Turkey Sandwich on<br>Gluten-Free Bread                          | Allergy:<br>Gluten-free Snickerdoodle<br>Cookies<br>Frozen Strawberries                     | Allergy:<br>Mango Applesauce<br>Gluten-Free Rice Chex                           | Allergy:<br>Gluten-Free Veggie Chips<br>Hummus   | Allergy: <sup>1</sup> / <sub>2</sub> Sun Butter Sandwich on Gluten-Free Bread         |
|            | Infants: ½ Turkey Sandwich   | Infants: Frozen Strawberries  | Infants: Mango Applesauce   | Infants: Bread Sticks<br>Red Bell Pepper Hummus  | Infants: ½ Sun Butter Sandwich  |