

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

211301 POOMSAE BARN B F 9-10 år R1 G1/1 (2) Ring 1 09:30(2023-11-18)

Competitors		Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	FONN_NÆSS ELLA (SANGROK KWAN ROMERIKE IL)																					
2	ØYAN-HESTENES LIV (GLOPPEN TAEKWONDOKLUBB)																					

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211302 POOMSAE BARN B F 11-12 år R1 G1/1 (7) Ring 1 09:45(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	STOKKE LYKKE_LINNEA (BERGEN NORD TAEKWONDO KLUBB)																				
2	DALE ELENA_LØTVEIT (OSTERØY TAEKWONDOKLUBB)																				
3	STRANDKÅS EMILIE_ENERUD (ASKIM IF TAEKWONDO KLUBB)																				
4	POHREBNIAK EUGENIA (SUNNFJORD TAE KWON DO)																				
5	LILLESTRØM LINDSAY (ASKIM IF TAEKWONDO KLUBB)																				
6	EIKENES OTHELIA_SIMONE (GLOPPEN TAEKWONDOKLUBB)																				
7	SARYCHEVA EMILIA (BERGEN NORD TAEKWONDO KLUBB)																				

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211402 POOMSAE BARN B M 11-12 år R1 G1/1 (7) Ring 1 10:30(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	LØKKEVIK-FERAGEN XANDER_LUCAS (ASKIM IF TAEKWONDO KLUBB)																				
2	KAMANTAUSKAS GUSTAS (GLOPPEN TAEKWONDOKLUBB)																				
3	BERG_HORNTVEDT MARKUS (GLOPPEN TAEKWONDOKLUBB)																				
4	TOPPE BRIAN (VÅGEN TAEKWONDO KLUBB)																				
5	MOE MATHIAS_MATHISEN (HAMAR TAEKWONDO KLUBB)																				
6	NSENGIYUMVA ERIJA (GLOPPEN TAEKWONDOKLUBB)																				
7	HUNSKÅR_RUSDAL DANIEL (GLOPPEN TAEKWONDOKLUBB)																				

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221301 POOMSAE KADETT B F LAV CUP R1 G1/1 (1)

Competitors		Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	SKOVLY_OLSEN THEA_EMILIE (HAMAR TAEKWONDO KLUBB)																					

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222301 POOMSAE KADETT A F HØY CUP R1 G1/1 (5) Ring 1 11:55(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	BARSNES ELIN (SOGNDAL IDRETTSKLAG TAEKWONDO)																				
2	OMMEDAL MARTE (GLOPPEN TAEKWONDOKLUBB)																				
3	MØRK MISHA (HAMAR TAEKWONDO KLUBB)																				
4	ELVIK ISABEL (OSTERØY TAEKWONDOKLUBB)																				
5	KAAL ANNA_VICTORIA (GLOPPEN TAEKWONDOKLUBB)																				

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222302 POOMSÆ KADETT A F POOM R1 G1/1 (6) Ring 2 09:30(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1 GAHRE_FJELD KAISA (ØSTERÅS KAMPKUNSTKLUBB)																					
2 LABRÅTEN KINE ENGEN (HWA RANG TEAM DRAMMEN)																					
3 LAASTAD_VIK PIA (VÅGEN TAEKWONDO KLUBB)																					
4 GASPERINI_KJELDEN MAYA (ØSTERÅS KAMPKUNSTKLUBB)																					
5 GIEBELS ANNA_MY (HWA RANG TEAM DRAMMEN)																					
6 HANG_OLSEN MAYA (SKEDSMO TAN GUN TAEKWONDO)																					

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222401 POOMSAE KADETT A M HØY CUP R1 G1/1 (8) Ring 1 13:10(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	BAKKETUN_NYGÅRD ULRIK (GLOPPEN TAEKWONDOKLUBB)																				
2	WESTBYE EIRIK_VØLLESTAD (SUNNFJORD TAE KWON DO)																				
3	HJERMANN PER_ALEKSANDER (NORDFJORD TAEKWONDOKLUBB)																				
4	JOHNSEN LIAM_DAAE (BERGEN NORD TAEKWONDO KLUBB)																				
5	LARSSON ADRIAN_KOPPERGÅRD (HWA RANG TEAM DRAMMEN)																				
6	ØYEN EMIL_RØSSEMOEN (SUNNFJORD TAE KWON DO)																				
7	VERVIK BENDIK (VÅGEN TAEKWONDO KLUBB)																				
8	BJØRNSEN MARTIN_STEIMLER (SUNNFJORD TAE KWON DO)																				

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232301 POOMSAE JUNIOR A F HØY CUP R1 G1/1 (4) Ring 1 14:00(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	AUNE ALTARIELL (HEIMDAL TAEKWONDO KLUBB)																				
2	BERGE SOFIE DAHLMO (BERGEN NORD TAEKWONDO KLUBB)																				
3	HIPPE NORDAL ANNA (GLOPPEN TAEKWONDOKLUBB)																				
4	BØYUM DRÆGNI EMILIE (SOGNDAL IDRETTLAG TAEKWONDO)																				

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232302 POOMSAE JUNIOR A F DAN R1 G1/1 (6) Ring 2 10:40(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	NAKSTAD JENNY (SANGROK KWAN ROMERIKE IL)																				
2	STARHEIM BEATE (NORDFJORD TAEKWONDOKLUBB)																				
3	CLARKE-JENSSEN ELISE (SANGROK KWAN ROMERIKE IL)																				
4	AARSTEN ISABEL (HWA RANG TEAM DRAMMEN)																				
5	PARK-HUNSTAD SOPHIE_HAEWON (SANGROK KWAN ROMERIKE IL)																				
6	OSUCH IDA_ØYRE (SOGNDAL IDRETTSLAG TAEKWONDO)																				

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

232402 POOMSAE JUNIOR A M DAN R1 G1/1 (7) Ring 2 11:15(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1 SEIDEL_HAUG KRISTOFFER (SANGROK KWAN ROMERIKE IL)																					
2 ANDREASSEN SEM_LAMPE (HWA RANG TEAM DRAMMEN)																					
3 JORDAHL BROR (ØSTERÅS KAMPKUNSTKLUBB)																					
4 BRUKNAPP MATHIAS_N. (HOKKSUND TAEKWONDOKLUBB)																					
5 BJERTNES FLAA AMUND (SANGROK KWAN ROMERIKE IL)																					
6 BUGGE TEO_ANDRÉ (NAMSOS TAEKWONDO KLUBB)																					
7 OLUFSEN AKSEL (ØSTERÅS KAMPKUNSTKLUBB)																					

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242102 Poomsae Senior A F HØY Cup R1 G1/1 (3) Ring 1 14:25(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	CHAN CLAIRE (OSLO TAEKWONDO KLUBB)																				
2	NGUYEN_PHAN TRUC_ANH (OSLO TAEKWONDO KLUBB)																				
3	DREYFUS FRANCESCA (OSLO TAEKWONDO KLUBB)																				

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

242103 Poomsae Senior A F Dan R1 G1/1 (9) Ring 2 13:40(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	JOHANSEN INE_MARIE (KEUM GANG TAEKWONDO - ST.HANSHAUGEN)																				
2	ØRJASÆTER TALE_GEVING (NAMSOS TAEKWONDO KLUBB)																				
3	STØLAN_NIELSEN KAREN (SANGROK KWAN ROMERIKE IL)																				
4	DESALIT MAE_ANTHONETTE (OSLO TAEKWONDO KLUBB)																				
5	LARSEN EMMA_CHRISTINE (HAMAR TAEKWONDO KLUBB)																				
6	SVIGGUM EMBLA_GJERDE (SOGNDAL IDRETTSKLAG TAEKWONDO)																				
7	DRUYAN DARIYA (HWA RANG TEAM DRAMMEN)																				
8	NYSVEEN KRISTINA (ELVERUM TAEKWONDO KLUBB)																				
9	LØVMO IRIS_HAUGDAL (NAMSOS TAEKWONDO KLUBB)																				

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

242202 Poomsae Senior A M HØY Cup R1 G1/1 (2) Ring 1 14:45(2023-11-18)

Competitors		Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	CHAN TIMMY (OSLO TAEKWONDO KLUBB)																					
2	SARYCHEV VLADIMIR (BERGEN NORD TAEKWONDO KLUBB)																					

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

242203 Poomsae Senior A M Dan R1 G1/1 (5) Ring 2 14:35(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	CONOPIO_HØVDE CASPER (HAMAR TAEKWONDO KLUBB)																				
2	ASKERHAUG MARCUS_HÅLAND (BERGEN NORD TAEKWONDO KLUBB)																				
3	MISEIKIS ARNAS (HWA RANG TEAM DRAMMEN)																				
4	KNUTSEN THOMAS (STEINKJER TAEKWON-DO KLUBB)																				
5	HÅLAND TOBIAS (BERGEN NORD TAEKWONDO KLUBB)																				

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

251101 Poomsae Senior II B F LAV Cup R1 G1/1 (3) Ring 1 11:20(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1 HEGGLI_WALSETH HELENA (GLOPPEN TAEKWONDOKLUBB)																					
2 EIKESET_KOREN MARIEL (GLOPPEN TAEKWONDOKLUBB)																					
3 BYGD_PEDERSEN LINE (GLOPPEN TAEKWONDOKLUBB)																					

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

252102 Poomsae Senior II A F HØY Cup R1 G1/1 (3) Ring 1 15:00(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1 MO_ANDERSEN TRINE_IREN (HEIMDAL TAEKWONDO KLUBB)																					
2 HJORTESET VANESSA (GLOPPEN TAEKWONDOKLUBB)																					
3 DAHLER MONIKA (HWA RANG TEAM DRAMMEN)																					

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

252103 Poomsae Senior II A F Dan R1 G1/1 (4) Ring 2 13:00(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	SIIRAK KLAARIKA (SANGROK KWAN ROMERIKE IL)																				
2	MAGNEM SARA_ELISABETH (MOSS TAEKWONDO KLUBB)																				
3	KIM ANNA (OSTERØY TAEKWONDOKLUBB)																				
4	BRAATEN IDA (OPPSAL TAEKWONDO KLUBB)																				

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

252203 Poomsae Senior II A M Dan R1 G1/1 (2) Ring 2 13:25(2023-11-18)

Competitors		Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	BUER KIM_LUND (SKEDSMO TAN GUN TAEKWONDO)																					
2	SLETTEBAKKEN CHRISTER_AGAMA (BERGEN NORD TAEKWONDO KLUBB)																					

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

261101 Poomsae Senior III B F LAV Cup R1 G1/1 (2) Ring 1 11:40(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	CHRISTENSEN TRINE-LISE (HWA RANG TEAM DRAMMEN)																				
2	LANDSCHULZE KARIN (VÅGEN TAEKWONDO KLUBB)																				

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

262102 Poomsae Senior III A F HØY Cup R1 G1/1 (2) Ring 2 16:30(2023-11-18)

Competitors		Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	RUUD LIV_IRENE (BERGEN NORD TAEKWONDO KLUBB)																					
2	SZCZUPAK ANNA (HWA RANG TEAM DRAMMEN)																					

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

262103 Poomsae Senior III A F Dan R1 G1/1 (2) Ring 2 12:00(2023-11-18)

Competitors		Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	LAURITSEN TRUDE_S (SKEDSMO TAN GUN TAEKWONDO)																					
2	THORSETH INGVILD_MJÁTVEIT (VÅGEN TAEKWONDO KLUBB)																					

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

262202 Poomsae Senior III A M HØY Cup R1 G1/1 (2) Ring 2 16:45(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	FONN_NÆSS ALEKSANDER (SANGROK KWAN ROMERIKE IL)																				
2	ALI AMER (BORGEN IL - TAEKWONDO)																				

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

262203 Poomsae Senior III A M Dan R1 G1/1 (6) Ring 2 10:05(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	BJØRSVIK BERNT (NAMSOS TAEKWONDO KLUBB)																				
2	LEEMBRUGGEN KARL_HENRICK (HWA RANG TEAM DRAMMEN)																				
3	OLSEN JOHN_HELGE (BERGEN NORD TAEKWONDO KLUBB)																				
4	BRUKNAPP TEODOR (HOKKSUND TAEKWONDOKLUBB)																				
5	BJERTNES PEDERSEN TORE (SANGROK KWAN ROMERIKE IL)																				
6	HESTØ ESKILD (NAMSOS TAEKWONDO KLUBB)																				

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

272103 Poomsae Senior IV A F Dan R1 G1/1 (2) Ring 2 15:05(2023-11-18)

Competitors		Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1	STRØMSTAD PIA (SANGROK KWAN ROMERIKE IL)																					
2	ASP YVONNE_K. (GJERDRUM IL - TAEKWONDO WTF)																					

TAEKWONDO WT - NORGESMESTERSKAP 2023 - 2023-11-18

272203 Poomsae Senior IV A M Dan R1 G1/1 (3) Ring 2 15:20(2023-11-18)

Competitors	Forms	1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Extra	Total	Rank	
1 ANTONSEN KIM (HWA RANG TEAM DRAMMEN)																					
2 HUNSTAD HENRIK S (SANGROK KWAN ROMERIKE IL)																					
3 MEHREN JAN-HELGE (HWA RANG TEAM DRAMMEN)																					