

Experiences and Projects Planned for the Week

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| <p>Arrival: Check-In Chart MC, CM</p> <p>Morning Meeting: HEART Principles & review visual schedule to plan for the day. Read Olly Pop's Everyday Superhero book and discuss Olly Pop's emotions in the book. How do you feel today? CM, LW, AS</p> <p>Morning Small Groups: 1) Brainstorm Emotion Words – add to word ring for writing center. LW, CM 2) Music Emotions* CM, AS, MUSIC</p> <p>Movement/Outdoor: Chalk Letter Scavenger Hunt* MM, LW</p> <p>Transition: Barefoot Books – Special Place: Relax** (repeat through the week) CM</p> <p>Afternoon Small Groups: 1) Coffee Filter Color Experiment* SR, AS 2) Painting on Chalkboards* LW</p> <p>Mealtimes: Discuss through the week how we can keep ourselves and others healthy (wash hands, eat well, exercise, cover coughs, etc.)</p> <p>Departure: Magnatiles on the light table or with flashlights MC, SR, AS</p> | <p>Arrival: Check-In Chart MC, CM</p> <p>Morning Meeting: HEART Principles & visual schedule to plan for the day. Read a book of your choice and discuss emotions of characters in the book. What new feeling words did you hear? How do you feel today? CM, LW, AS</p> <p>Morning Small Groups: 1) Practice Olly Pop Breathing – What can we add to our cozy area to help us calm down? CM, LW, MC 2) Illustration Story Starter* AS, LW, CM</p> <p>Movement/Outdoor: Hopscotch MM, MUSIC</p> <p>Afternoon Small Groups: 1) Paint with watercolors – experiment with different papers (paper towel, printer, construction, doilies, etc.) AS, SR 2) Texture Letters* LW, SR</p> <p>Departure: Blocks and flashlights – what shadow shapes can you create? SR, MC, AS</p> | <p>Arrival: Check-In Chart MC, CM</p> <p>Morning Meeting: HEART Principles & visual schedule to plan for the day. Read a book about a character who has a worry or concern. What is a worry? What can you do when you are worried? CM, LW, AS</p> <p>Morning Small Groups: 1) Barefoot Books – Worry Dolls** CM, AS, LW 2) Musical Emotions* CM, AS, MUSIC</p> <p>Movement/Outdoor: Run and Sort* MM, CM</p> <p>Afternoon Small Groups: 1) Making Rainbows* SR, AS 2) Painting on Chalkboards* LW</p> <p>Departure: Olly Pop paper dolls. Make more community helper outfits. MC, SR, AS</p> | <p>Arrival: Check-In Chart MC, CM</p> <p>Morning Meeting: HEART Principles & visual schedule to plan for the day. Read a book of your choice and discuss how you know what the characters are feeling in the story? How do the colors set the mood? CM, LW, AS</p> <p>Morning Small Groups: 1) Color Sort, Color Feelings* MC, CM 2) Illustration Story Starter* AS, LW, CM</p> <p>Movement/Outdoor: Walk the Line* MM, LW</p> <p>Afternoon Small Groups: 1) Masked Emotions Game* CM, LW, WA 2) Texture Letters* LW, SR</p> <p>Departure: Create a shadow show using puppets (paper or cloth) and flashlights. MC, SR, AS</p> | <p>Arrival: Check-In Chart MC, CM</p> <p>Morning Meeting: HEART Principles & visual schedule to plan for the day. Read a book of your choice and discuss how the characters made one another feel? What can we do to make others feel good? Share one thing that someone else has done that made you feel good this week. CM, LW, AS</p> <p>Morning Small Groups: 1) Make a card for someone you care about. CM, AS, LW, TABW 2) Musical Emotions* CM, AS, MUSIC</p> <p>Movement/Outdoor: Shadow or flashlight tag MM, CM, SR</p> <p>Afternoon Small Groups: 1) Brainstorm how you can help someone else over the weekend – encourage each child to share what they will do. CM, LW 2) Texture Letters* LW, SR</p> <p>Departure: Draw a picture of Olly Pop doing something kind for others. CM, AS, TABW</p> |

* See Experience Instructions

** See other attached resources (Idea Bank, Olly Pop, etc.)



WORLD Planning

Planning week of:

Classroom: Preschool

Teacher(s):

Emerging Interests:

Discuss our feelings and how we can express big emotions effectively and appropriately. Explore how art, music, and storytelling can impact our feelings.

Skills to Develop:

Social-emotional – manages feelings, balances needs and rights of self and others; Language – uses language to express thoughts and feelings; Literacy – demonstrates knowledge of the alphabet; Science – Uses scientific inquiry skills; Arts – explores the visual arts and musical concepts and expression; Mathematics – counts and quantifies.

Project Work

We will work to create a cozy space together that we can each use as we choose when we are experiencing big emotions. We will brainstorm the things that help us calm down and work to add them to our cozy space throughout the week.

Family Partnerships

In the past few weeks, we've looked at how stories can be told through art, music, and books. This week, we will continue by considering how these things can make us feel. Help you child develop their emotional vocabulary by: checking in with them throughout the day; discussing your own feelings; or reflect on how a character in a book felt as you read a story together.

Changes to the Environment

All Day – Science Rocks:

Leave out the Olly Pop windowsill garden materials and Grass Heads from previous weeks. Add pictures as they grow.

Materials of a variety of colors, sizes, and textures and trays to sort them.

All Week

All Day – Math Counts / Manipulatives:

Watercolor number cards from previous week.

Materials with numerals on them – cards, large dice, number rocks, etc.

All Week

All Day – Cozy Area:

Children will brainstorm what materials to add to help them communicate their feelings or calm themselves when they're experiencing big emotions. Some materials might include: Books, puppets, Emotion Stones from the Caring Matters Classroom Kit, a feelings chart, sensory bottles, child-safe mirrors, etc.

All Week

All Day – Language Works /

Writing: Brainstorm emotion words with children and add each one to an index card. Attach them all with a word ring. Add new words throughout the week as they add to their feelings vocabulary.

Olly Pop's Everyday Hero book and materials for children to write their own story.

All Week

All Day – Art Smart:

[Smithsonian Artifact Cards](#); [Collection of Beautiful Things](#) and other images of paintings, illustrations, or drawings to inspire children's creations and prompt discussions about feelings.

Child-safe mirrors

Collage materials for making texture letters

All Week