

MENUS – JANUARY 2019

5 Week of 12/31/18 – 01/04/19	AM Snack	Lunch	PM Snack
Monday	Biscuits with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Animal Crackers or Vanilla Wafers Milk
Tuesday	CLOSED FOR NEW YEAR'S DAY		
Wednesday	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
Thursday	Oatmeal Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Water
Friday	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

6 Week of 01/07/19 – 01/11/19	AM Snack	Lunch	PM Snack
Monday	Applesauce Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Corn Pears Milk	Oatmeal Squares Milk
Tuesday	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets Peaches Milk	Chex Mix Milk
Wednesday	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
Thursday	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
Friday	Wheat Toast with Butter Milk	Mozzarella Bake (Pasta, Marinara, Cheese, Pepperoni) Broccoli and Cauliflower Tropical Fruit Salad Mix Milk	Cottage Cheese Peaches Water

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7 Week of 01/14/19 – 01/18/19	AM Snack	Lunch	PM Snack
Monday	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
Tuesday	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
Wednesday	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
Thursday	Oatmeal Squares Milk	Sun Butter and Jelly on Wheat Bread Raw Broccoli and Cauliflower Mixed Fruit Milk	Orange Slices Wheat Thins Milk
Friday	Boiled Eggs Saltines Milk	Chicken and Cheese Quesadilla Cooked Carrots Apple Slices Milk	Soft Pretzels Marinara Sauce Water

8 Week of 01/21/19 - 01/25/19	AM Snack	Lunch	PM Snack
Monday	CLOSED FOR MLK JR. DAY		
Tuesday	Tortillas with Cream Cheese Berries Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
Wednesday	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
Thursday	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
Friday	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

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1 Week of 01/28/19 – 02/01/19	AM Snack	Lunch	PM Snack
Monday	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
Tuesday	Cereal Milk	Tuna on Wheat Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
Wednesday	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
Thursday	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
Friday	Oatmeal Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Milk