



From the Director



Early Bird Re-Registration

As we prepare for the summer transitions and upcoming fall enrollment period, I invite you to re-register your child(ren) at this time. By registering early, we can ensure we'll have space for you and provide a smooth transition if your child is graduating to the next age level as spaces become available. It also allows us to gather up-to-date information on your child, including medical and contact information, which is required annually by Bright Horizons and our state licensing agency. To take advantage of the discounted fee of \$50, the early bird form is due by Friday, March 8th.

Summer Camp - School Age

Believe it or not, it's time to think about summer. Bright Horizons' updated Camp Explorations is a fun and exciting camp designed to meet both children's interests and parent's expectations.

Camp Explorations Highlights

- Programs for two different age groups:
 - Preschool Adventures (ages 3 5)
 - School-Age Adventures (ages 6 -12)
- Age-appropriate, engaging themes that incorporate children's interests
- Field trips, special guests, and daily fitness activities
- Flexible weekly schedules with full- and part-time options
- Health, safety, and security policies that meet or exceed local, state, and national standards

Registration is now open!

BRIGHT HORIZONS AT

Important Dates

Dragonfly Nature Program - Mar. 6 Early Release (SA) - Mar. 8 School's Out - Mar. 29

Reasons to Celebrate

Kelly 16 years - Mar. 5 Sonali BDay - Mar. 11 Kim BDay - Mar. 12 Candice 5 years - Mar. 19 Marva BDay - Mar. 19 Sonali 7 years - Mar. 26 Lindsay BDay - Mar. 27 Alisha 3 years - Mar. 29 Kim 5 years - Mar. 29









What brought you to Bright Horizons? What makes you stay here?

What makes me stay at Bright Horizons is how everyone pulls together and makes things happen. Bright Horizons has a very family-oriented feel, and I feel at home here.

How long have you worked in the field of Early Childhood Education, what brought you to it, and what is most rewarding about it?

I have been in the ECE field for 24 years.

Has being a mother made you a better teacher, or has being a teacher made you a better mother?

Being a person of character has taught me to be a great mother. Learning from parenting successes, failures, and trial & error has helped me to become a better teacher.

What are your favorite activities to do with children?

Arts and crafts, fishing, travelling, and what if...

What is the best thing that families have ever done for you?

That best thing that parents have ever done for me was seeing me as a person first, and not as a robot.

What is the best advice you can give to someone going into the field of Early Childhood Education?

Love what you do, do what you love, love on purpose.

What's next on the HORIZON for you both professionally and personally?

My next step is to step out of fear, and walk into my calling and purpose.

I AM ALISHA SIMPSON AND I AM BRIGHT HORIZONS!

P1 CELEBRATES

African American contributions to American history

Preschool teachers Kelly and Candice wanted to facilitate a lesson connected to Black History Month but had not idea on where to start. In true emergent curriculum fashion, the children solved the problem.



As the children were seemingly beginning to wrap up an exploration on Transportation, they were given a homework assignment; to count the number of traffic lights on their way home. This provoked new discussions.

After days of conversations about why we have stop signs and traffic lights. Inevitably, a friend asked were the traffic light came from and the teachers had their opening. After reading books about its inventor, Garrett Morgan the children got to engage in all kind of traffic light themed games and activities.







P1 CELEBRATES

African American contributions to American history

The next day during morning meeting, the Question of the Day was "Do you like to get your haircut?" Which led to conversations about where you get your haircut and the process of getting your hair done. All of which stoked conversations about Madam CJ Walker and her contributions to hair care, so the teachers designed a salon in the Dramatic Play center.













Eriendship Dance

School Age & Kindergarten Prep

Kudos to our School Age teachers for putting on a friendship dance for the afterschool children. And in the spirit of celebrating kindness they extended an invitation to our K-Prep classes. Take a look at some photos featuring a classic soul train line, ice cream bar, Tunes by Tracey, face painting and more.

























Teachers and parents came together to donate blood to the Blood Connection.

Special thanks to SA parent Kelly Collins (Best of Both World, Doula Services) and PS parent Alisha Smith (YMCA of the Triangle) for coordinating this very special event.

Sharing LIFE

Blood Drive

KP2 SKY PROJECT

"Our sky project started when children observed some weather phenomenon near the end of last year... One day outside, someone noticed that there were clouds moving in the sky and wondered where they were going."

-Mrs. Huma [KPrep 2 Teacher]







They **decided to involve their families** and asked parents to send a photo of the sky and the children painted their own versions of the sky using the pictures as a reference.







On the playground, after a rain, someone noticed that the clouds were in layers, some moving faster than others - which provoked more discussions that led to more art, science and math projects. They painted with watercolors and layered them with pastel drawings and made clouds in cups, using colored drops on shaving foam, counting each drop until it started to rain into the cups. The teacher encouraged the children to describe them all in their math and science journals.



Reading with your child may be one of the most meaningful and memorable ways to spend time imagining and learning together at home. Growing Readers emphasizes the importance of reading aloud to children and cultivating a love of great books.









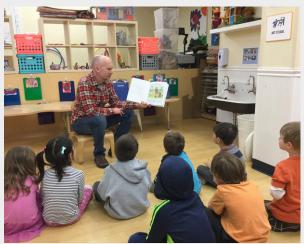
Choosing a book from our library helps you:

- Select great books for your child, at each age and stage,
- Strengthen your child's educational development,
- Introduce and discuss themes, explore new concepts or guide your child through life's experiences.

Growing Artists at RCC

Mr. Patrick

In the RCC Art Studio, Mr. Patrick regularly reads a story to the children to help provoke thought and creativity. In true Patrick fashion, he sets loose guidelines and follows the children's interests. Our young artists are encouraged to brainstorm and discuss; to touch and interact with different materials. First, creating a drawing and encouraging them to take it a step farther. Recently they made plaster castes using a homemade gelatin/glycerin mold.



















Center Highlights









Center Highlights









Center Highlights



Soccer Shots is on a break! The newest season of will begin in the Spring and will be available for children ages 2-5. To learn more or enroll for Soccer Shots at RCC visit,

SOCCERSHOTS.ORG/RDU







Embarrassing Moments: Opportunities to Learn

There are times when our bright, curious children cause us to cringe by their comments or questions. "Is there a baby in that man's tummy?" "Why is her skin dark?" "Where are his legs?"

In these moments, we often feel embarrassed and helpless. Our sweet young children, who we raise in an atmosphere of respect, acceptance, and kindness, might innocently offend someone ...and we're speechless.

Young children are curious and still learning about the world; they don't mean to be hurtful or malicious. Many adults are inclined to explain and have children apologize, but this can embarrass both the children and the recipient. In this situation, it's best to validate what a child is observing and turn it into a learning opportunity.

Below are a few examples of common questions and helpful responses.

"That man has no legs!"

Calmly and matter-of-factly explain that we all have different bodies and abilities. Then when your child asks, "Why doesn't he have legs?" You might say, "I'm not sure, perhaps he was born that way." Then you might ask, "How do you think someone would get around if they didn't have legs?"

"Why is her skin dark?"

This is an opportunity to explain that everyone is unique and to talk about different types and colors of hair skin and eyes. When you get home, you might show your children an array of colored apples and cut them open to see that they're all the same color inside.

"Is there a baby in that man's tummy?"

A simple, honest response is, "Men can't have babies in their tummies. Only women can." A child further inquiring, "then why is he so fat?" opens the door for adults to let children know that people come in all sizes and shapes; we all have different body types.

How adults handle situations in the moment matters, but equally important is turning these moments into learning opportunities. After the event, explain to your child that sometimes things we say can unintentionally hurt people's feelings.

Use your child's comment as a springboard to discuss diversity, emotions, and the impact of words. Explain that all questions are welcome, but it's a good idea to check with the adults before commenting to strangers.

You're invited to Our Open House!

April 1-5, 2019 | 9:30 a.m. - 1:00 p.m.



Next month, we will be hosting an Open House Week where new families will be able to discover why Bright Horizons is the perfect place for children to learn, explore, and grow!

Each year, Bright Horizons welcomes new families to our community. And, year after year, we've found that the best way to meet these families is through you.

If you have a friend or family member that might be interested in joining, we would be happy to provide information for you to share with them. Please see your Center Director for details. We hope to see everyone at Open House Week!



Teach, Play, Love, Parenting Advice for the **Early Years**

Subscribe to get new episodes!



educators come together to cull the competing advice, separate fact from fiction, and focus on what does - and doesn't - matter during these early years. Be more confident, have less worry, and let Bright Horizons help ake parenting the joy it was meant

Featured Parenting Podcast Episode

Teach. Play. Love. Parenting Advice for the Early Years

Technology is everywhere. As adults, we rely on it constantly. And for kids, it provides great value, as long as it's used in the "right" way. But what does that mean, exactly?

Debbie Hoppy, curriculum director at Bright Horizons, and Rachel Robertson, VP of education and development, share what really matters; interactive experiences and co-exploration, questions that encourage deeper thinking, and opportunities for integrating technology into the real world.

Ep. 1: The Digital Dilemma

brighthorizons.com/bhpodcastep1

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