  **SEPTEMBER 2018**  

 **Camp Amgen South Snack Menu \*All Snacks are Nut & Sesame Seed Free**

**FOR ALL ROOMS \*Please note, all rooms are included on this sheet \*Milk (Toddlers-whole; Ages 2 to 5- 1%)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** |  **Friday** |
|  **HAPPY LABOR DAY** **CAMP AMGEN**  **CLOSED** | **4****am-** Corn Chex Cereal**pm-** Rice Cakes w/ Sunflower Butter | **5****am-** Bananas w/ Ritz Crackers**pm-** Honeydew w/ Bean & Veggie Crackers | **6****am-** Strawberry Yogurt w/ Blueberries**pm-** Veggie Pasta Salad | **7****am-** Watermelon w/ Graham Crackers**pm-** Cantaloupe w/ Granola |
| **10****am-** Rice Chex Cereal **pm-** Tahini Free Hummus w/ Pita Bread | **11****am-** Cantaloupe w/ Graham Crackers**pm**- Oranges w/ Granola | **12****am-** Vanilla Yogurt w/ Blueberries**pm**- Whole Grain Macaroni & Cheese w/ Steamed Peas | **13****am-** Bananas w/ Raisin Bread**pm**- Strawberries w/ Nutri Grain Bars | **14****am-** Lean Turkey Sausage w/ Applesauce**pm**- Honeydew w/ Ritz Crackers |
| **17****am-** Cheerios Cereal**pm-** Turkey Sandwiches w/ Sliced Tomato | **18****am-** Bananas w/ Granola**pm**- Watermelon w/ Whole Grain Cheddar Crackers | **19****am-** Blueberry Yogurt w/Graham Crackers**pm**- Bran Muffins w/ Pineapple | **20****am-** Cinnamon Oatmeal w/ Blueberries**pm**- Turkey Slices w/ Ritz Crackers | **21****am-** WW Raisin Bagels w/ Cream Cheese**pm**- Mild Cheddar Cheese Slices w/ Sliced Cucumber |
| **24****am-** Special K Cereal**pm-** Guacamole w/Ritz Crackers | **25** **am-** Peach Yogurt w/ Blueberries**pm-** Carrots w/ Yogurt Ranch Dip & Pita Bread | **26****am-** Cantaloupe w/ Raisin Bread **pm-** WWSunflower Butter Sandwiches | **27****am-** Bananas w/ Graham Crackers **pm**- Apple Butter w/ WW Bread  | **28****am-** Whole Grain Waffles w/ Strawberries**pm-** Oranges w/ Colby Jack Cheese Sticks |

**\***This **menu satisfies the USDA Child Care Food Program Guidelines\*☺ MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY ☺**