



**SERGEI  
JUDO CAMP**



**INTERNATIONAL  
TRAINING CAMP**



**24 – 30.07.2022**

**JU-JITSU FIGHTING &  
JIU JITSU (NEWAZA)  
CAMP 2022**



## INTRODUCTION

Under the umbrella of the **Jiu-Jitsu International Federation (JJIF)**, **Sergei Judo Camp Association (SJC)** organizes the 1<sup>st</sup> international training camp for Ju-Jitsu Fighting and Jiu Jitsu (Newaza).

The training camp is open to **all age groups from 2006 onwards** (U18, U21, Elite).

The camp will take place in **Fiesch**, Switzerland, **from 24 July to 30 July 2022**.

## JU-JITSU TRAINING CAMP 2022

During this week, Ju-Jitsu practitioners from around the world will gather together on the tatami.

It is an opportunity for the fighters to diversify their workouts, **under the supervision and expertise of international high-level coaches**.

At the same time there will be also an international youth judo camp at the same location and there will be possibilities to train together and exchange information between international judo and Ju-Jitsu athletes.



**Michel van Rijt**  
Technical Director  
Ju-Jitsu (Fighting)



**Anderson Pereira**  
Technical Director  
Jiu Jitsu (Newaza)





## TECHNICAL INPUTS AND RANDORIS

**Randori and technical development in each discipline are the focus of the week.**

Therefore, many randori sessions will be scheduled during the week and top coaches will share their technical abilities.

There will also be the possibilities to train with international judokas to develop skills related to judo.

## WORKSHOPS FOR ATHLETES AND COACHES

Exchanges and trainings will be organized for the development of Contact Ju-Jitsu.



## DISCOVERY

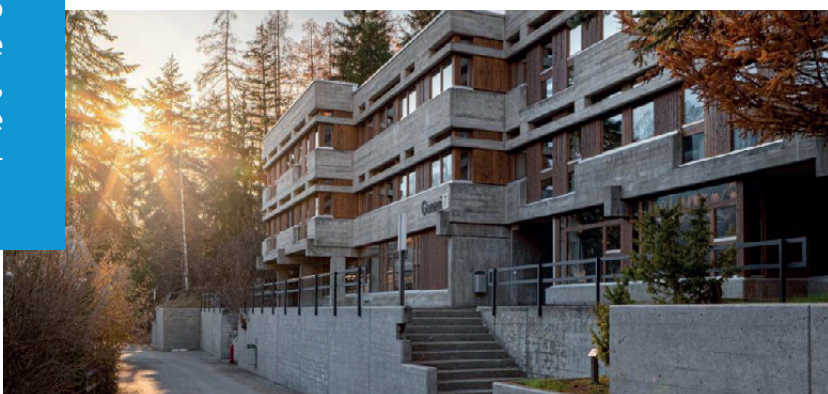
During the week, a half-day “discovery” will be organized. Under a playful and cultural form, you will discover our region and its traditions.



# FIESCH

Located in the heart of Valais in Switzerland, this small mountain village situated at an altitude of 1,050m offers all the necessary conditions for quality training.

Part of the World Heritage of the UNESCO, Fiesch has at the entrance of the village, a training centre, originally planned to be Olympic village. It can accommodate nearly 1,000 athletes where they can train, eat and sleep in optimal conditions. The whole facility extends over an area of approx. 20'000 m<sup>2</sup>.



## INFRASTRUCTURES

Full board, participants have at their disposal a **1,200 m<sup>2</sup> dojo and pool, sauna, basketball court, beach volleyball and skate park**. Other paying activities are available such as squash, mini-golf course in the trees...

**All meals are included** during the stay in the restaurant of the training centre.

The centre has dormitory with 4, 8 or 12 beds capacity. The distribution will be done by SJC based on the number of participants. **Bedding is included.**

Apart from training, the coaches can come and share their experience and relax in a coaches' lounge. It also offers **free WIFI access.**



# TRANSPORTS



## Geneva Airport

From Geneva airport, shuttle buses will be provided on arrival day and at the end of the camp. They will be available for free for the participants to the training centre.



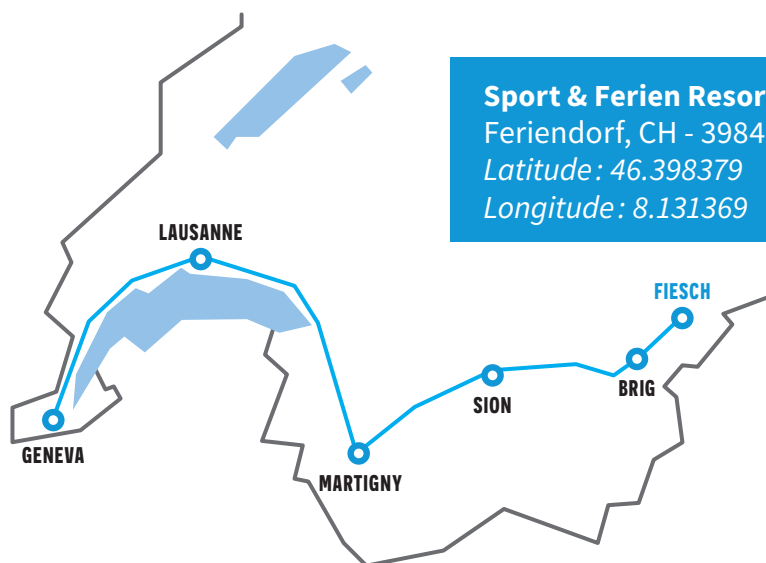
## Fiesch Sport & Ferien centre

At the entrance of the centre, there is a small station for the participants who wish to travel by train. A train of change is necessary at the Brig station.

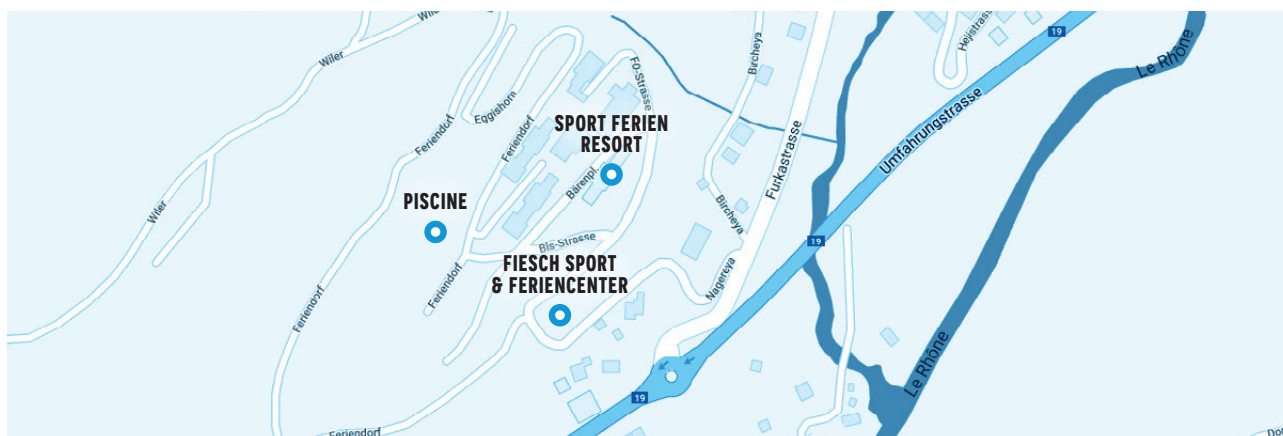


## Fiesch Sport & Ferien center

Free parking areas are available on site for participants coming by car, minibus or bus.



**Sport & Ferien Resort**  
Feriendorf, CH - 3984 Fiesch  
Latitude: 46.398379  
Longitude: 8.131369



## PRICE

EUR 490.- per athlete

## REGISTRATION

### Deadline

Thursday 30 June 2022

## CONTACT

### Sergei Judo Camp Association

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**RESPECT | FRIENDSHIP | EXCELLENCE**

We are pleased to welcome you and share  
this week according to the Olympic Values.

**Association Sergei Judo Camp**

**Philippe Lain-Nau**, President

**Sergei Aschwanden**, Honorary president