

2019

MARCH

Snack
Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Morning Cheerios & Frozen Fruit Afternoon Rice Cakes & Cubed Cheese	5 Morning Pancake Bites & Berries Afternoon Pretzels & American Cheese	6 Morning Yogurt & Berries Afternoon Bean & Veggie Crackers and Apples	7 Morning Oranges & Cinnamon Crackers Afternoon Nutri-grain Bars	8 Morning Waffles and Banana Afternoon Pretzels & Frozen Mango
11 Morning Applesauce & Crackers Afternoon Nutri-grain Bars	12 Morning Mini Wheats & Raisins Afternoon Cheddar Crackers & String Cheese	13 Morning Pretzels & Hummus Afternoon Frozen Strawberries & Crackers	14 Morning Yogurt & Frozen Fruit Afternoon Graham Crackers & Bananas	15 Morning Applesauce & Cinnamon Crackers Afternoon Rice cakes & Fruit
18	19	20	21	22
<p><i>CHALK Preschool will be closed for Spring Break, 3/18 - 3/22 School will resume 3/25/2019</i></p>				
25 Morning Applesauce & Crackers Afternoon Nutri-grain Bars	26 Morning Mini Wheats & Raisins Afternoon Cheddar Crackers & String Cheese	27 Morning Pretzels & Hummus Afternoon Frozen Strawberries & Crackers	28 Morning Yogurt & Frozen Fruit Afternoon Graham Crackers & Bananas	29 Morning Applesauce & Cinnamon Crackers Afternoon Rice Cakes & Fruit

Special Notes

*** Water is available to students at all times.

*** Snack menu is subject to change based on availability.

Serving Sizes

- Cereal 1/3 c.
- Cereal w/Raisins 1/2 c.
- Pretzels 3 lg/10 sm
- Multigrain Crackers 2
- Graham Crackers 1
- Townhouse/Ritz/Club 3
- Wheat Thins 8
- Cheez-its 14
- Goldfish 20
- Veggie Chips 11
- Pita Chips 3
- Veggie Straws 18
- Pirates Booty 14
- Pub Mix 1/2 c.
- Cheez Mix 1/2 c.
- Sea Salt Cries 14
- Tostitos Chips 11
- Fruit Bars 1
- Dried Fruit 1/6 c.
- Frozen Berries 1/4 c.
- Cheese 1
- Fruit Snacks 1
- Applesauce 1/4 c.
- Greek Yogurt 1/2 c.
- Apple Chips 8

