

# SEPTEMBER 2021

## Camp Amgen Snack Menu



**\*All snacks are nut safe and sesame free\*** \*Please note, Toddlers thru TK are included on this menu. \*Milk: Toddlers- whole; Ages 2 to 5- 1%. \*This menu satisfies the USDA Child Care Food Program Guidelines. \*Menu subject to change based on food availability.

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> am- Bananas w/ Granola Toddlers: Graham Crackers pm- Cantaloupe w/ Whole Grain Cheddar Crackers	<b>2</b> am- Plain Yogurt w/ Honey and Raspberries pm- Colby Jack Cheese Sticks w/ Ritz Crackers	<b>3</b> am- WW Bagels w/ Cream Cheese pm- House Made Guacamole w/ Wheat Crackers
<b>6</b> LABOR DAY CENTER CLOSED	<b>7</b> am- Bananas w/ Granola Toddlers: Graham Crackers pm- House-made Tahini Free Hummus w/ WW Pita Bread	<b>8</b> am- Strawberry Yogurt w/ Raspberries pm- Whole Grain Macaroni & Cheese w/ Steamed Peas	<b>9</b> am- Blueberries w/ Cottage Cheese pm- Pineapple w/ Graham Crackers	<b>10</b> am- WW Bagels w/ Cream Cheese pm- WW Sunflower Butter Sandwiches
<b>13</b> am- Special K Cereal pm- Sliced Apples w/ String Cheese	<b>14</b> am- Bananas w/ Graham Crackers pm- Oranges w/ WW Crackers Toddlers: Ritz Crackers	<b>15</b> am- Peach Yogurt w/ Blueberries pm- Watermelon w/ Whole Grain Cheddar Crackers	<b>16</b> am- Oatmeal w/ Raspberries pm- House Made Zucchini Muffins w/ Pineapple	<b>17</b> am- Whole Grain Waffles w/ Strawberries pm- Steamed Carrots w/ Greek Yogurt Ranch Dip & WW Pita Bread
<b>20</b> am- Crispix Cereal pm- WW Bread w/ Apple Butter & Edamame Toddlers: Oranges	<b>21</b> am- Bananas w/ Granola Toddlers: Ritz Crackers pm- Mild Cheddar Cheese Cubes w/ Whole Grain Crackers	<b>22</b> am- Vanilla Yogurt w/ Graham Crackers pm- Rice Cakes w/ Sunflower Butter & Raspberries	<b>23</b> am- Cantaloupe w/ WW Crackers pm- Pasta Marinara w/ Tomatoes & Parmesan	<b>24</b> am- Vegetarian Breakfast Patties w/ Strawberries pm- Raisin Bran Muffins w/ Strawberries
<b>27</b> am- Corn Chex Cereal pm- Watermelon w/ Whole Grain Cheddar Crackers	<b>28</b> am- Blueberry Yogurt w/ Graham Crackers pm- Oranges w/ Granola Toddlers: Crackers	<b>29</b> am- Bananas w/ Ritz Crackers pm- WW Cheese Pizza Muffins	<b>30</b> am- WW Pancakes w/ Strawberries pm- Honeydew w/ WW Crackers	